

Fair Oaks Women's Health  
 Specialists in Obstetrics & Gynecology  
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*Thank you for answering all of the following questions. Your health is important to us. Congratulations!*

**OBSTETRICS PATIENT HISTORY FORM**

TODAY'S DATE \_\_\_\_\_ Your age \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_  
 YOUR NAME (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (M.I.) \_\_\_\_\_  
 Your spouse/partner's full name \_\_\_\_\_  
 Your Ethnicity \_\_\_\_\_ REFERRED HERE BY \_\_\_\_\_

**1. CURRENT PREGNANCY**

What was the FIRST day of the last menstrual period? \_\_\_\_\_ Is this date definite? (Y/N) \_\_\_\_\_  
 Cycles regular? (Y/N) \_\_\_\_\_ Cycle length (avg=28 days) \_\_\_\_\_ Date of first pos. preg. test \_\_\_\_\_  
 Conception (check one): \_\_\_\_\_normal Date of conception? \_\_\_\_\_ IUI (date \_\_\_\_\_)  
 \_\_\_\_\_IVF fresh cycle (date of egg retrieval \_\_\_\_\_) \_\_\_\_\_IVF frozen embryo (Date of embryo transfer \_\_\_\_\_)  
 What was your weight just before becoming pregnant? \_\_\_\_\_ What is your height? \_\_\_\_\_  
 When was your last pap smear? \_\_\_\_\_ By whom? \_\_\_\_\_ Was it normal? YES NO

**2. PAST PREGNANCY DETAILS**

| Total Number of Pregnancies | Full Term Births (> 37 wks) | Premature Births (< 37 wks) | Terminations | Miscarriages | Ectopic pregnancies | Number of Living Children |
|-----------------------------|-----------------------------|-----------------------------|--------------|--------------|---------------------|---------------------------|
|                             |                             |                             |              |              |                     |                           |

| Date of Delivery | # weeks at Delivery | Length of Labor | Birth Wght. | M F | Type of Delivery (Vaginal or C/S) | Anesthesia | Complications/ Problems | Location |
|------------------|---------------------|-----------------|-------------|-----|-----------------------------------|------------|-------------------------|----------|
|                  |                     |                 |             |     |                                   |            |                         |          |
|                  |                     |                 |             |     |                                   |            |                         |          |
|                  |                     |                 |             |     |                                   |            |                         |          |
|                  |                     |                 |             |     |                                   |            |                         |          |

PLEASE USE BACK OF PAGE FOR ADDITIONAL PREGNANCY HISTORY DETAILS

Pt Name: \_\_\_\_\_

### 3. PATIENT MEDICAL HISTORY

*(If YOU have EVER had any of these conditions, please indicate)*

| X if<br>YES | Condition  | Comments |
|-------------|--|----------|
|             | <b>1. Diabetes</b> (type 1, type 2 or previous gestational diabetes). Any medication taken?                        |          |
|             | <b>2. High Blood Pressure</b> (hypertension now or in the past or with a prior pregnancy):                         |          |
|             | <b>3. Heart Disease</b> (fainting, heart murmurs, abnormal rate or rhythm, prior heart attack, abnormal valves):   |          |
|             | <b>4. Autoimmune Disorder</b> (Lupus, Rheumatoid Arthritis, Fibromyalgia or other related conditions):             |          |
|             | <b>5. Kidney Disease or Urinary Tract Infections (UTI)</b> (recurrent UTI, kidney stones):                         |          |
|             | <b>6. Seizure Disorder or Neurologic Disease</b> (migraines, epilepsy, history of TIA or stroke):                  |          |
|             | <b>7. Mental Health Condition</b> (includes anxiety or panic attacks, OCD, bipolar disorder, eating disorder):     |          |
|             | <b>8. History of Depression or Postpartum Depression</b> (mild or severe, suicide attempts, hospitalization ever): |          |
|             | <b>9. Gastrointestinal or Liver Disease</b> (irritable bowel syndrome [IBS], Crohn's Disease, Ulcerative Colitis,  |          |
|             | <b>10. Varicose Veins or Blood Clots in Veins</b> (pulmonary embolism, DVT – deep vein thrombosis):                |          |
|             | <b>11. Thyroid Disease</b> (under or over active thyroid, thyroid cancer or radiation):                            |          |
|             | <b>12. Domestic Violence</b> (now or ever in the past):  |          |
|             | <b>13. History of Blood Disorders or Transfusion</b> (anemia, blood clotting problem, transfusion ever):           |          |
|             | <b>14. Smoking History</b> (current or former smoker):   |          |
|             | <b>15. Alcohol Use History</b> (current or past use or abuse of alcohol):  |          |
|             | <b>16. Illicit or Recreational Drug Use History</b> (current or past use or abuse):                                |          |
|             | <b>17. Rh Disease or Rh Negative</b>   |          |
|             | <b>18. Lung Disease</b> (asthma, chronic bronchitis, TB):  |          |
|             | <b>19. Seasonal Allergies</b> (hay fever, asthma):   |          |
|             | <b>21. Breast Disease or Breast Surgery</b> (implants above the muscle, under the muscle, breast reduction):       |          |
|             | <b>23. Complications of Anesthesia</b> (describe):   |          |
|             | <b>25. History of Abnormal Pap Smear</b> (any treatments such as freezing, LEEP or cone biopsy and when):          |          |
|             | <b>26. History of Uterine Abnormality</b> (double uterus, unicornuate uterus):                                     |          |
|             | <b>27. History of Infertility or IVF, IUI, insems?</b>   |          |
|             | <b>28. Low Back Problems or Back Surgery?</b>  |          |

\*Note – some numbers are skipped due to this data being entered into the EMR

Pt Name: \_\_\_\_\_

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#### 4. SURGERY or HOSPITAL ADMISSIONS

| Surgery or Hospital Admission - Details | Year |
|---|------|
|   |      |
|   |      |
|   |      |
|   |      |
|   |      |

#### 5. SYMPTOMS SINCE BECOMING PREGNANT

*(Are you currently experiencing any of the following symptoms?)  
(If so, please indicate with an X)*

**General**

- Fatigue or Weakness
- Fever, Chills or Sweats
- Loss of Appetite

**Urinary**

- Burning with Urination
- Leakage of Urine
- Waking at night 2 or more times

**Eyes, Ears, Nose and Throat**

- Nose Bleeds
- Sore Throat
- Vision or Hearing Changes

**Skin**

- Itching
- Moles or Sores
- Rash

**Breasts**

- Breast Lump
- Breast Pain or Tenderness
- Nipple Discharge (other than white)

**Neurologic**

- Dizziness
- Headaches
- Migraines
- Memory Problems

**Cardiovascular**

- Chest Pain
- Irregular Heartbeat or Palpitations

**Musculoskeletal**

- Joint Pain (Back, Knee, Wrist, Hip)
- Joint Swelling
- Muscle Cramping or Pain

**Respiratory**

- Chronic Cough
- Shortness of Breath
- Wheezing

**Psychological**

- Anxiety, Worries, Stress (Excessive)
- Depressed
- Feeling Out of Control

**Gastrointestinal**

- Diarrhea (watery stool)
- Heartburn
- Nausea or Vomiting
- Severe Constipation

**Comments or Additional Symptoms Not Listed Above?**

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## 6. GENETIC SCREENING

(If you or ANY close relative of yours - such as brothers, sisters, parents, other children - has EVER HAD or CURRENTLY HAS any of the problems listed below, please CIRCLE YES)

|   |            |          |
|---|------------|----------|
| 1. IS PATIENT GOING TO BE AGE 35 BY THE DUE DATE?   | YES        | NO       |
| 2. HISTORY of THALASSEMIA or HEMOGLOBIN DISORDER  | YES        | NO       |
| 3. HISTORY of NEURAL TUBE DEFECT (spina bifida)   | YES        | NO       |
| 4. HISTORY of CONGENITAL HEART DEFECT   | YES        | NO       |
| 5. HISTORY of DOWN SYNDROME   | YES        | NO       |
| 6. &7. IS THE MOTHER OR FATHER OF THE BABY ASHKENAZI JEWISH or CAJUN?<br>If yes, has any genetic testing been done? | YES<br>Yes | NO<br>No |
| 8. HISTORY of SICKLE-CELL ANEMIA or SICKLE-TRAIT  | YES        | NO       |
| 9. HISTORY of HEMOPHILIA  | YES        | NO       |
| 10. HISTORY of MUSCULAR DYSTROPHY   | YES        | NO       |
| 11. A. HISTORY of CYSTIC FIBROSIS<br>B. IS THE MOTHER or THE FATHER OF THE BABY CAUCASIAN/EUROPEAN?                 | YES<br>YES | NO<br>NO |
| 12. HISTORY of HUNTINGTON'S DISEASE (HUNTINGTON'S CHOREA)   | YES        | NO       |
| 13. HISTORY of MENTAL RETARDATION<br>If yes, was testing for Fragile X chromosome done?                             | YES<br>Yes | NO<br>No |
| 14. HISTORY of ANY INHERITABLE GENETIC SYNDROME or ANY BIRTH DEFECTS  | YES        | NO       |
| 15. HISTORY of MATERNAL PKU OR OTHER METABOLIC SYNDROME   | YES        | NO       |
| 16. PATIENT OR BABY'S FATHER HAD A CHILD WITH ANY BIRTH DEFECTS   | YES        | NO       |
| 17. HISTORY OF STILLBIRTH OR 2 OR MORE MISCARRIAGES   | YES        | NO       |
| 18. ANY HISTORY OF ILLICIT DRUG USE SINCE LAST MENSTRUAL PERIOD   | YES        | NO       |

## 7. PRESCRIPTION MEDICATIONS YOU ARE TAKING

|   |
|---|
| List name of medication, dose, and reason |
|   |
|   |
|   |
|   |

## 8. DRUG STORE MEDICATION, VITAMINS AND SUPPLEMENTS YOU ARE TAKING

|                                 |
|---------------------------------|
| List name of product and dosage |
|                                 |
|                                 |
|                                 |

Pharmacy Name: \_\_\_\_\_ Phone # \_\_\_\_\_

Pharmacy Address: \_\_\_\_\_ Fax # \_\_\_\_\_

Do we have permission to import your medication history using our electronic prescription software?      YES      NO

Pt Name: \_\_\_\_\_

### ALLERGIES (circle choices)

Do you have any known allergies? NO ALLERGIES

Allergic to Latex? YES NO

*If yes, please list all allergies and your allergic reaction*

| Allergic to | Reaction |
|-------------|----------|
|             |          |
|             |          |

### 9. INFECTION HISTORY

|  |     |    |
|--|-----|----|
| 1. DO YOU LIVE WITH SOMEONE WHO MIGHT HAVE TUBERCULOSIS?   | YES | NO |
| 2. DO YOU or YOUR PARTNER HAVE A HISTORY OF <b>GENITAL</b> HERPES?                                   | YES | NO |
| 3. HAVE YOU HAD A SKIN RASH or VIRAL ILLNESS SINCE YOUR LAST PERIOD?                                 | YES | NO |
| 4. HAVE YOU EVER TESTED POSITIVE FOR HEPATITIS B OR C ?  | YES | NO |
| 5. HAVE YOU EVER HAD GONORRHEA, SYPHYLLIS, CHLAMYDIA, HIV or VENEREAL WARTS? (circle any that apply) | YES | NO |
| 6. DO YOU OR YOUR PARTNER HAVE A HISTORY OF A BLOOD TRANSFUSION OR A HISTORY OF IV DRUG USE?         | YES | NO |

### 10. FAMILY MEDICAL HISTORY

*(If **ANY** close relative of yours - such as maternal and/or paternal grandparents, parents, brothers, and sisters – has **EVER HAD** or **CURRENTLY HAS** any of the problems listed below.*

| CONDITION  | Please <u>CIRCLE CONDITION</u> and indicate who has that specific condition. |
|--|--|
| 1. DIABETES, HIGH CHOLESTEROL, THYROID DISEASE             |  |
| 2. HIGH BLOOD PRESSURE, HEART ATTACK, STROKE               |  |
| 3. TUBERCULOSIS, ASTHMA, OTHER LUNG DISEASE                |  |
| 4. BREAST DISEASE, BREAST CANCER                           |  |
| 5. STOMACH, GI or COLON DISEASE or CANCER                  |  |
| 6. KIDNEY DISEASE, KIDNEY STONES                           |  |
| 7. GYN DISEASES, OVARIAN CANCER, UTERINE FIBROIDS          |  |
| 8. MUSCULOSKELETAL DISEASE, OSTEOPOROSIS                   |  |
| 9. NEUROLOGIC or NERVOUS SYSTEM DISEASE, MIGRAINES         |  |
| 10. SEVERE DEPRESSION or OTHER PSYCHIATRIC CONDITION       |  |
| 11. GENETIC DISEASE or BIRTH DEFECTS of ANY KIND           |  |
| 12. LEUKEMIA, LYMPHOMA or ANY BLOOD or BONE MARROW DISEASE |  |
| 13. ANY RELATIVE EVER HAD A BONE MARROW TRANSPLANT         |  |
| 14. ANY TYPE of CANCER or MALIGNANT TUMORS                 |  |

Pt Name: \_\_\_\_\_

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## 11. ADDITIONAL PREGNANCY ISSUES

|   |                  |          |            |
|---|------------------|----------|------------|
| 1. It is now advised to screen all pregnant women for the HIV virus.<br>This will be added to your initial prenatal labs unless you decline           | YES              | NO       | TALK TO ME |
| 2. Have you heard about Nuchal Translucency testing for Down Syndrome?<br>(We will discuss this during your first visits.)                            | YES              | NO       | MAYBE      |
| 3. Have you heard about the MaterniT21 test for fetal DNA in the mother's<br>bloodstream? If you are 34 or over, you might be a candidate             | YES              | NO       | MAYBE      |
| 4. Do you get 3 servings per day of dairy products (milk, yogurt, cheese)?<br>If not, we advise a daily Calcium Supplement (like CitraCal) with Vit D | YES              | NO       |            |
| 5. Do you own any cats?<br>If so, it is advised that pregnant women not change the cat litter   | YES              | NO       |            |
| 6. Are there any known or suspected hazards in your workplace?<br>What is your occupation? _____  | YES              | NO       | MAYBE      |
| 7. Do you have plane trips planned during this pregnancy?<br>If so, we generally advise not flying after 32 weeks gestational age                     | YES              | NO       | MAYBE      |
| 8. In the past year, have you been threatened, hit, slapped or kicked by<br>anyone you know or do you feel unsafe where you live?                     | YES              | NO       | TALK TO ME |
| 9. Do you use a seat belt 100% of the time while driving?   | YES              | NO       |            |
| 10. Are you considering having a tubal ligation (permanent sterilization)?  | YES              | NO       | MAYBE      |
| 11. If you have a boy, do you want him circumcised?   | YES              | NO       | MAYBE      |
| 12. Have you ever had chicken pox?<br>If not, have you been vaccinated or have you already tested immune?   | YES<br>YES       | NO<br>NO | MAYBE      |
| 13. Have you ever tested positive for Vaginal Strep B or Group B Strep?   | YES              | NO       | MAYBE      |
| 14. Do you plan to save the baby's umbilical cord blood at the time of<br>delivery or would you like more information about this?                     | YES              | NO       | MAYBE      |
| 15. If you already have a Pediatrician, please enter their name.<br>Is this doctor on staff at Huntington Hospital?                                   | Dr. _____<br>YES | NO       | MAYBE      |
| 16. Please see our OB guide on the web at: <a href="http://www.pasadenapregnancy.com">www.pasadenapregnancy.com</a>                                   |                  |          |            |

It is not necessary to have made all of the above decisions yet.

We will discuss all pregnancy issues and your concerns at your consultation and throughout your pregnancy.

The above list is to help you as you begin to explore some of these issues

**Notes or Questions for the Doctor:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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Revised JULY 2016

Pt Name: \_\_\_\_\_

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