



WELCOME TO BIRTH AT HUNTINGTON HOSPITAL

Welcome, and thank you for selecting Huntington Hospital for the birth of your baby. We look forward to providing you with a rewarding birth experience. Here are a few suggestions to help make your admission as smooth as possible as well as some additional information about other available services.

Helpful Telephone Numbers

Admission Call Center/Preadmission Information _____ (626) 397-5600
Huntington Hospital Birth Certificate Office _____ (626) 397-3262
Main Hospital Number _____ (626) 397-5000
Pasadena Bureau of Vital Statistics _____ (626) 744-6010
Physician Referral Service _____ (800) 903-9233
Huntington Hospital Website _____ www.huntingtonhospital.com
Perinatal Health Education Childbirth Class Registration
www.huntingtonhospital.com/childbirthclasses
Perinatal Health Education General Information _____ (626) 397-8768

Huntington Hospital Is a Tobacco-Free Facility

This means that there is no smoking allowed at Huntington Hospital by anyone including patients, staff and visitors. Please make sure your visitors know about this before they come to visit you in the hospital.

Preadmission

If you have not received Huntington's Labor and Delivery Pre-Registration form from your doctor's office, you can access all the forms from the Huntington Hospital Maternity Orientation and Tour page. You can then mail or fax your completed registration information to the address or fax number listed on the form. Please submit your completed registration by the sixth month or as soon as possible. You will receive written confirmation from the Admissions Call Center no later than 2 months prior than your due date. Feel free to contact the Admission Call Center to confirm their receipt of your Labor and Delivery registration form.

Parking and Admission

Main Entrance located on West California Boulevard.

Open from 5 am – 8 pm

Closed from 8 pm to 5 am – Use Emergency Entrance when Main Entrance is closed.

Park in the North Parking Lot – Valet Parking Available

Emergency Entrance located on South Fairmount Avenue.

Open 24/7 – Use Emergency Entrance when Main Entrance is closed.

Park in the East Parking Lot – Valet Parking Available

Parking Fees

Parking is free for the first 15 minutes. After the first 15 minutes, parking is \$1.00 per 15 minutes up to a maximum of \$6.00. Valet parking is available at both the Main Entrance and the Emergency Department Entrance for \$7.00 per day. We also offer a 7 consecutive-day pass for \$22 and a 20-visit pass with no expiration for \$60. These passes are available at the parking booths.

Visitation Stickers

Before entering the hospital, all patients and visitors must stop by the Information Desk located at each entrance and pick-up their Visitation Sticker. Each Visitation Sticker identifies the visitor's destination. Mothers in labor will be directed and/or assisted to Labor and Delivery from the Emergency Department. The admission process will be completed for you after you arrive at Labor and Delivery. Please remember to bring your insurance card with you.

Labor and Delivery Information

It is important to determine who will provide your labor support and stay with you during your labor, delivery and recovery period. Two people are generally considered the number of individuals who can be with you. However, the number of birth partners you may have may also be determined by your nurse and your obstetrician based upon your labor progress and safety. All birth partners must be free of illness.

If you give birth by Cesarean, you may have only one birth partner with you to share the experience.

The only children allowed to visit in Labor and Delivery are the siblings of the new baby. Children ages 7 and under are not allowed during the delivery, although they may visit Mom, if accompanied by their own private adult other than Mom or Dad/Partner. Children, ages 8 to 12 years, may attend a vaginal birth of their sibling, if approved by the obstetrician. All children who visit must be free of illness.

Phone calls will not go directly to your labor, deliver recover (LDR) room. Once you are in your room on Maternity, callers may call the Maternity Nursing station. The calls will then be transferred to your room.

Please assign one person the task of giving out information about you and the baby's birth. Encourage your family and friends to wait for this person to call. Hospital staff will not give out any information about Mom or the birth.

Please bring only those comfort items needed while in labor to the labor/delivery/recovery room. Additional items may be brought to you once you arrive in your postpartum room in Maternity.

Include a written list of all medications, vitamins and/or herbs you are currently taking including dosage as well as any known allergies. You will be asked to provide this information at the time of your admission to Labor and Delivery. You can print out a copy of this form under Printable Forms on the Maternity Orientation and Tour web page.

Maternity Visiting Hours and Information

Maternity has their own special visiting hours. General visiting hours are from 11 am to 2 pm and 4 pm to 8 pm. The hours of 2 pm to 4 pm are **Nesting Time** for mom, baby and dad/partner. These 2 hours are set aside for breastfeeding, if you wish, a nap, resting or for just being together. The lights in the department are dimmed; the energy level is decreased and no other visitors are allowed. No exceptions.

For patient and staff security, access to the hospital is restricted to the Emergency Department entrance during the hours of 8 p.m. to 5 a.m. Visitation Stickers are required.

Siblings of the new baby may visit during the general visiting hours if accompanied by their own private adult, other than the patient. All visitors should be free from upper respiratory infections with no recent exposure to communicable disease.

Father, Partners or the support person is welcome to visit and assist in infant bonding and feeding, and may stay overnight if the patient is in a private room.

HANDWASHING IS REQUIRED FOR EVERYONE BEFORE HOLDING/TOUCHING THE BABY.

Perinatal High Risk Unit

Children may be allowed to visit in the high risk room, but the visitation is dependent upon the patient's condition and treatments being performed. We request children be accompanied by an adult, other than the patient, and that they are free from upper respiratory infections with no recent exposure to communicable diseases. The Maternity Nesting Time visiting hours from 2 to 4 pm are also maintained in Perinatal High Risk. No exceptions.

Neonatology

The neonatal intensive care unit (NICU) is a 52-bed unit divided into six rooms. Each room offers a different level of care designed to meet the individual medical needs of each infant.

Visiting hours for the parents and their two chosen adult visitors are 8 a.m. to 6:30 p.m. and 8 p.m. to 6:30 a.m. Sibling visitation is allowed for brothers and sisters, three years and older, who have proven vaccinations.

No visitors, including siblings, may visit babies in NICU if they are sick with colds, flu and/or any contagious disease. All visitors must wash their hands at the large sinks located within NICU before entering any of the rooms to visit babies.

PREPARING FOR YOUR HOSPITAL STAY

When making plans for the birth of your baby, also prepare for your hospital stay, as well as your trip home. Here are several suggestions that may help you:

- **Check with your insurance company** and verify the length of hospital stay covered by your insurance.
- **Prepare your list of current medications with dosage.** Remember to include information about any vitamins and/or herbs you are taking as well as any allergies.
- **Leave valuables, such as jewelry, at home.** Sometimes emergency situations arise and you may be asked to remove your jewelry. This precaution helps remove the possibility of you losing possessions that are important to you.
- **Pack a bag for the baby.** Although Huntington takes care of all the baby's needs during the hospital stay, our hospital does not provide the diapers, clothing or blankets necessary for your baby's trip home.
- **A car seat is a must.** California state law mandates that all individuals seated in a moving vehicle must use safety belts. Infants must be placed securely in a car seat appropriate for their weight. Learn how to place the car seat in the backseat of your car. Staff will not be able to assist you when putting your baby in the car for that first ride home.

OTHER INFORMATION AND SERVICES

Gift Shop

The Gift Shop is located in the first floor lobby of the Main Building.

The hours of operation are:

Monday through Friday - 9 a.m. to 8 p.m.

Weekends - 12 to 4 p.m.

Meditation Room/Chapel

The meditation room/chapel is located on the first floor of the Wingate Building, next to the elevators, and is open 24 hours a day, seven days a week.

Welcome to Our Cafeteria, the Bistro Garden Café!

The cafeteria is located on the first floor of the West Tower. Service includes made-to-order sandwiches, a salad and soup bar, hot food and grill, drinks, desserts and other food selections.

Café Hours

6:30am - 2:00am

Starbucks Hours

6:30am - 8:00pm

Breakfast

Home: 6:30am - 10:00am

Grill: 6:30am - 10:00am

Lunch

Home: 10:45am - 2:00pm

Grill: 10:45am - 3:00pm

Deli: 10:45am - 4:15pm

Dinner

Home: 4:30pm - 8:00pm

Grill: 3:30pm - 8:00pm

Late-Night Grill: 9:00pm - 2:00am